

Recommended Course Sequence

Freshman Year					
1 st term			2 nd term		
Unity of Life I: Cell Life	iBIO 181 & Lab	4	Critical Reading and Writing	ENG 105	4
MATH		3	Health Principles	HS 200	3
General Elective		3	Applied Nutrition & Food Selection	NTS 135	3
Liberal Studies		3	General Elective		3
Liberal Studies		3	Liberal Studies		3
Total Units			Total Units		
16			16		

Sophomore Year					
1 st term			2 nd term		
Human Anatomy & Physiology I	iBIO 201	4	Human Anatomy & Physiology II	iBIO 202	4
Human Diseases	HS 300	3	Intro Statistics in Psychology	PSY 230	4
General Elective		3	HS Elective**		3
Liberal Studies		3	General Elective		3
Liberal Studies		3	Liberal Studies		3
Total Units			Total Units		
16			17		

Junior Year					
1 st term			2 nd term		
Theories of Health Behaviors	HS 305W	3	Exercise Science for HS	HS 303	3
Principles of Epidemiology	HS 333	3	Exercise Science for HS Lab	HS 303	1
Planning & Evaluation	HS 307	3	Current Health Problems	HS 490	3
Global or Ethnic Diversity		3	Substance Abuse & Prevention	HS 350	3
General Elective		3	Liberal Studies		3
			General Elective		3
Total Units			Total Units		
15			16		

Senior Year					
1 st term			2 nd term		
HS Elective**		3	Fieldwork Experience	HS 408C	12
Practicum in Health Sciences	HS 308	3			
HS Elective**		3			
General Elective		3			
Liberal Studies		3			
Total Units			Total Units		
15			15		

These suggestions do not replace the student's responsibility to read and follow the Northern Arizona University catalog.

See the 2005-2006 catalog at

<http://www4.nau.edu/academiccatalog/2005/academiccatalog.htm>

1 = Must be taken that term to meet prerequisites for other courses.

** = Of the 64 units required for the HS major, 9 units are Advisor Approved Health Science electives.

Suggestions for these electives include: HS 229, 365, 405, 410, 413, 415, 455, & 471